Shopping list:

**Meal 1 - Greek Meatloaf, Lemon Rice & Greek Salad**

**Meal 2 - Greek Pita Wraps**

# Produce

* 1 bunch of fresh parsley
* 1 red onion
* 4 Tomatoes
* 2 English cucumbers
* 2 lemons
* Garlic

# Refrigerated Foods

* Eggs
* Feta Cheese
* Tzatziki

# Meat & Seafood

* 1 Kg ground beef

# Dry/Canned Goods

* 1 carton of chicken broth
* White Rice

# Spices & Condiments

* Salt
* Pepper
* Dried Oregano

# Bakery

* Whole Wheat Bread
* Pita Bread