

Shortcut Bibimbap

 foodwhine.com/2016/10/shortcut-bibimbap.html

Bibimbap Meal Template

Base:

- White or brown Rice
- You could also use noodles, although this wouldn't technically be Bibimbap, since Bibimbap literally means "mixed rice" but it would still be tasty!

Meat/Protein:

- Beef (ground, sliced, or diced)
- Chicken (ground, sliced, or diced)
- Shrimp
- Tofu
- Salmon
- Tuna

Vegetables:

- cucumbers
- carrots
- spinach
- bok choy
- mushrooms
- bean sprouts
- zucchini
- lettuce
- cabbage
- radishes
- squash
- potatoes

Other additions:

- egg (fried or poached)
- Kimchi
- Gochujang

